

December 19, 2023

Board of Equalization c/o Ada County Commissioners 200 W. Front Street Boise, ID 83702 Submitted via email to: bocc1@adacounty.id.gov

RE: Fiscal Year 2023 Saint Alphonsus Regional Medical Center Community Benefit Report

Dear Commissioners:

Saint Alphonsus Regional Medical Center is pleased to present you with our Fiscal Year 2023 Community Benefit Report, pursuant to Idaho Code, Section 63-602D.

Saint Alphonsus' unwavering commitment to meeting community needs, with particular emphasis on the underserved and vulnerable, is brought to life through our community benefit ministry. Community benefits include services provided to community members at no cost or subsidized as part of the hospital's mission to serve as a compassionate and transforming healing presence within our communities.

As one of the largest hospitals in Idaho, we take seriously our responsibility as a not-for-profit health care provider to steward the resources entrusted to us and to invest in community benefit efforts that address identified community needs.

Our community benefit efforts primarily focus on improving access to needed services in our community. Our approach is to systematically identify significant health care needs in our evolving community that are not adequately met due to financial, cultural or other socioeconomic barriers. Then we collaborate with other public and private community partners to develop innovative and sustainable solutions to address these needs. Examples of collaborative initiatives led or supported by Saint Alphonsus include Western Idaho Community Health Collaborative (aligning healthcare, social services and public health), Jesse Tree, Home Partnership Foundation, Idaho Housing Work Group (eviction prevention programs), Allumbaugh House (Substance Abuse Detoxification / Crisis Mental Health facility), the WWAMI Psychiatric Residency, Ready Idaho Coalition (early childhood education) and the Saint Alphonsus Center for Global Health and Healing (culturally and linguistically appropriate care for refugees).

Many of our community benefit programs are tailored to the unique needs of underserved and vulnerable populations such as refugees, individuals affected by chronic homelessness, mental illness or substance abuse, uninsured, Hispanic/Latinx, BIPOC (Black, Indigenous, People of Color), African Diaspora, and LGBTQIA+. Many community benefit programs offered by Saint Alphonsus are unique in the community, relieve burden from government programs, and would not otherwise be available if we did not offer them. These programs address important community needs and are not expected to generate a positive financial return.

Saint Alphonsus is governed by a Board of Trustees consisting of independent community leaders who serve on a voluntary basis. The Saint Alphonsus Regional Medical Center, Inc. Board was made up of the following members during Fiscal Year 2023:

- Odette Bolano, SAHS President and CEO
- David McFadyen, SARMC President
- Michael Ballantyne, Chair
- Stephanie Westermeier, Secretary
- Lannie Checketts, Treasurer
- Sr. Geraldine Hoyler, CSC
- Sr. Suzanne Brennan, CSC
- Adam Richins
- Anabel Ortiz-Chavolla
- Angela Taylor
- Beth Ineck
- Kirk Jacobson
- Michael Coughlin, MD
- Robert Ladenburger
- Susan Morris
- Toni Nielsen
- Lupe Wissel

To ensure consistency in community benefit reporting and adherence with national guidelines, Saint Alphonsus uses the Catholic Health Association's "Guide for Planning and Reporting Community Benefit," 2022 Edition. Program information is collected and quantified using Community Benefit Inventory for Social Accountability (CBISA) software by Lyon Software.

Should you have any questions related to Saint Alphonsus' Community Benefit Ministry, please feel free to contact Rebecca Lemmons, Regional Director of Community Health & Well-Being, via email: Rebecca.Lemmons@saintalphonsus.org or by telephone at (208) 367-6331, or Stacy Meyr, President, Saint Alphonsus Health Alliance, via email at <a href="Stacy.Meyr@saintalphonsus.org">Stacy.Meyr@saintalphonsus.org</a> or by telephone at (208) 367-7814.

Sincerely,

Marcie Harper
Marcie Harper (Dec 19, 2023 13:12 MST)

Marcie Harper Vice President, Finance Saint Alphonsus Regional Medical Center Saint Alphonsus Regional Medical Center 82-0200895 (page 3) Fiscal Year ending June 30, 2023

# Report of Community Benefits Saint Alphonsus Regional Medical Center Federal 501(c)(3) Tax ID Number 82-0200895

#### Mission

We, Saint Alphonsus and Trinity Health, serve together in the spirit of the Gospel as a compassionate and transforming healing presence within our communities.

### **General Description of Service Area**

Saint Alphonsus Regional Medical Center serves patients from the primary, secondary and tertiary service areas listed below:

- Primary Service Area (75% of discharges): Ada and Canyon Counties
- Secondary Service Area (75-95% of discharges): Boise, Gem, Malheur, Elmore, Payette, Owyhee, Union and Baker Counties
- Tertiary Service Area (90-95% of discharges): Twin Falls, Valley, Washington, Adams, Blaine, Cassia, Gooding, Jerome and Elko Counties

#### Source of Data

The numbers included in this report are from Trinity Health financial statements and other internal reports from the Fiscal Year ending June 30, 2023.

#### **Unreimbursed Services**

\$24,984,177

Total financial assistance (formerly charity care) and bad debt at cost (Financial assistance = \$11,046,699; Bad debt = \$13,937,478)

Patient Financial Assistance (formerly charity care) is free or discounted health services provided to persons who cannot afford to pay and who meet the eligibility criteria listed in the financial assistance policy.

Unreimbursed Cost of Care (bad debt) refers to costs of care incurred by the hospital, when patients are unable to pay their bills, but do not apply for patient financial assistance, or are unwilling to pay their bills. Uncompensated care excludes other unfunded costs of care, such as underpayment from Medicaid and Medicare.

\$16,474,193

Unreimbursed (net) cost of services provided to patients covered by Medicaid, County Indigency, and other government programs. (Unpaid cost of Medicaid and other public programs = \$16,474,193)

Unreimbursed Cost of Care (Medicaid and other means tested government programs) includes unpaid costs of public programs for low-income persons — the shortfall created when payments received are less than the cost of caring for public program beneficiaries.

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# Community Benefit Services, Programs and other Special Services Operated Below Actual Reimbursements (Value excludes figures noted in other sections of this report)

\$6,127,820

The total unreimbursed value of "community benefit" services and programs operated by the hospital, donations, subsidies, or in-kind services to other 501(c)(3) organizations, as defined by the guidelines set forth by the Catholic Hospital Association. (Living in Poverty \$2,605,688 + Broader Community \$3,522,132)

#### **Community Benefit Reporting Format**

Community Benefit information has been prepared following guidelines set forth in the Catholic Health Association (CHA) "Guide for Planning and Reporting Community Benefit," 2022 Edition. Program information is quantified using Community Benefit Inventory for Social Accountability (CBISA) software by Lyon Software.

#### **Value of Donations**

Idaho's 501(c)(3) hospitals and their service areas benefit from philanthropic support each year. Charitable donations enable the hospital to invest in new services and technologies needed by the community, subsidize community programs, fund research and outreach activities, and help contain health care costs.

Some donations are given to hospitals without restrictions, allowing the hospital to use those funds where they are most needed. Restricted gifts, often related to specific program grants, research or capital projects are used only as specified by the donor.

\$5,625,311 Total donations received.

14,083 hours Total number of volunteer hours contributed:

Hospital volunteers (8,640 hours)

Faith Community Nursing volunteers (4,563 hours)

Community Program volunteers (880 hours)

## **Additions to Capital FY2023**

\$32,271,996

Additions to capital including all expenditures for land, facilities, equipment and other capital supporting the hospital's mission.

### **Community Needs Determination Process**

Saint Alphonsus Regional Medical Center's mission statement reflects its commitment to meeting the wellness and healthcare needs of the community year after year. It states that Saint Alphonsus

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serves "...in the spirit of the Gospel, as a compassionate and transforming healing presence within our communities."

Saint Alphonsus has a formal Community Benefit Planning Cycle that includes conducting a Community Health Needs Assessment every three (3) years and developing Community Benefit Plans under the guidance of the Saint Alphonsus Regional Medical Center Community Hospital Advisory Board (SARMC CHAB) and the Saint Alphonsus Health System Board (SAHS Board). Community Benefit Plan priorities are integrated with the strategic planning and budgeting processes, and the SARMC CHAB actively participates in determining the appropriate role for Saint Alphonsus to take in addressing community needs.

The Community Health Needs Assessment identifies unmet needs within the community and suggests directions for community programs through the collection and analysis of primary and secondary data. In the process, it may also point out barriers that have been encountered in previous efforts. Our most current Saint Alphonsus Community Health Needs Assessment (2023) is available online at:

https://www.saintalphonsus.org/assets/documents/chna/boise/2023-community-health-needs-assessment-for-saint-alphonsus-regional-medical-center-boise.pdf

The 2023 Greater Treasure Valley Community Health Needs Assessment (CHNA) represents an unprecedented partnership to align several independent regional assessments to identify the health needs of more than half of Idaho residents. This collaborative approach utilized a social determinants of health (SDoH), also known as social influencers of health, framework to determine the top priorities of ten counties in the Greater Treasure Valley region of Idaho. Ten counties: Ada, Adams, Boise, Canyon, Elmore, Gem, Owyhee, Payette, Valley and Washington were the service areas studied. Saint Alphonsus has actively participated in the assessment and prioritization process and looks forward to working collaboratively with our community partners to improve health and quality of life in the Treasure Valley in the coming months and years.

As a mission-driven innovative health organization, we will become the national leader in improving the health of our communities and each person we serve. We will be the most trusted health partner for life; our vision is to

- Provide healing and hope, close to home
- Help our communities grow and thrive
- Be a trusted partner for life, and
- Deliver value in everything we do

#### Respectfully submitted by:

Signature: David McFadyen
David McFadyen (Dec 19, 2023 13:13 MST)

Signature: Stacy Meyr
Stacy Meyr (Dec 19, 2023 13:51 MST)

Name: David McFadyen Name: Stacy Meyr

Title: President, Saint Alphonsus Title: President, Saint Alphonsus Health

Regional Medical Center Alliance

Telephone: (208) 367-2118 Telephone: (208) 367-7814

Date: Dec 19, 2023 Date: Dec 19, 2023

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#### **COMMUNITY BENEFIT HIGHLIGHTS**

At Saint Alphonsus Regional Medical Center (SARMC), our mission is "to serve together in the spirit of the Gospel, as a compassionate and transforming healing presence within our communities." We work to transform our communities by reinvesting surplus revenues back into the community through new technologies, vital health services, and access for all. Saint Alphonsus Regional Medical Center supports community programs that address a wide variety of community needs, such as physician & nursing workforce shortages; access to affordable health care, including oral and vision health, behavioral health, including mental health and well-being and substance misuse, and safe, affordable housing and homelessness. Highlights from some of these Saint Alphonsus-sponsored programs are listed below:

- Affordable Housing and Homelessness: The 2023 Community Health Needs Assessment found that safe, affordable housing was a top priority as a factor influencing health outcomes in the region. Saint Alphonsus provided funds for housing support programs to Jesse Tree of Idaho's Emergency Rental Assistance Program, Good Samaritan Home, Advocates Against Family Violence's Safe Housing, Corpus Christi House, Home Partnership Foundation's Avenues for Hope (housing support) and Campaign to End Family Homelessness (\$30,000 as part of a 3-year pledge), and LEAP Housing Solutions (for low-income housing support). Saint Alphonsus provided more than \$44,500 in support for several housing support agencies such as Jesse Tree of Idaho, Home Partnership Foundation, Good Samaritan Home, Corpus Christi House, and LEAP Housing Solutions to help with affordable housing and reduce incidence of people experiencing homelessness in FY2023.
- Allumbaugh House is a one-of-a-kind program offering substance abuse detoxification and crisis mental health services under one roof, funded by a public-private partnership including Terry Reilly Health Services, Ada County, Cities of Boise and Meridian, Idaho Department of Health & Welfare, Boise City/Ada County Housing Authority, Saint Alphonsus, St. Luke's, and United Way of Treasure Valley. Saint Alphonsus actively participates in governance meetings of the Joint Powers Entity and the Professional Resource Committee. Allumbaugh House provided approximately 130 clients with compassionate care and hope for recovery this year. Saint Alphonsus provided \$225,000 toward operations of Allumbaugh House in FY2023.
- Full Circle Health (formerly Family Medicine Residency of Idaho) provided primary care medical residency education in partnership with the WWAMI program. Idaho faces a dire shortage of family physicians, ranking 45th out of 50 states in terms of primary care physicians per capita. Full Circle Health serves as a vital pipeline of new primary care physicians into the State of Idaho and operates a large safety-net clinic providing low-cost health services to uninsured and underinsured residents of Ada County. Full Circle Health has been serving the citizens of Idaho and the surrounding Intermountain West since 1975. In that time period, the residency program has graduated approximately 400 new primary care physicians, over half of whom have remained to practice in the State of Idaho, with 42% of those choosing to practice in rural or underserved Idaho. Saint Alphonsus provided \$671,700 in direct financial support to Full Circle Health in FY2023.
- Psychiatry Residency: The 2023 Community Health Needs Assessment identified access to
  mental health care as a top priority in our list of unmet community needs, and a key contributing
  factor was the statewide shortage of psychiatrists. A collaboration between Saint Alphonsus,

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St. Luke's, WWAMI, Boise VA Medical Center, and the State of Idaho developed and implemented a Psychiatry Residency program in Boise (as a result of our 2005 Community Health Needs Assessment), affiliated with the WWAMI program. The WWAMI Psychiatry Boise Clinical Track hosts three new psychiatry residents per year. Residents complete their first two years of training in Seattle and then complete years three and four in Boise. Goals of the program include training excellent general psychiatrists to practice in smaller communities, with a particular emphasis on teaching residents skills in outpatient and inpatient psychiatry and working effectively with primary care providers. Saint Alphonsus provided \$32,698 in funding support and served as a clinical training site for the Psychiatry Residency program in FY2023.

- Internal Medicine Residency: In 2010, Idaho ranked 50<sup>th</sup> in the nation in Internal Medicine Graduates per capita. The Internal Medicine Residency allows residents to gain experience in the management of acutely ill patients from the hospitalist perspective. The residents expand their skills in multidisciplinary care and communication with other members of the patient's healthcare team. The residents learn and understand how to recognize and achieve patient safety goals, address errors in medical management, use information systems to access and disseminate medical knowledge and recognize and address ethical dilemmas in patient care. Saint Alphonsus provided \$161,910 in funding support and served as a clinical training site for the Internal Medicine Residency program in FY2023.
- Oral Health including Dental Residency: Oral health needs ranked among our priorities identified in the 2023 Community Health Needs Assessments. Saint Alphonsus continues to provide funding support for the Idaho State University Dental Residency program. Saint Alphonsus provided \$74,699 for dental residency support during FY2023.
- The Center for Global Health and Healing: As an identified community by the federal branch, Office of Refugee Resettlement (ORR), Boise accepts individuals and families who have suffered significant trauma, torture and loss as a result of persecution on account of race, religion, nationality, membership in a particular social group, and/or political opinion. Saint Alphonsus Center for Global Health and Healing (CGHH) was developed to better meet the needs of families being resettled through ORR. As individuals and families continue to be resettled, there is a significant need for integrated and holistic models of care that are committed to trauma-informed, culturally-responsive, and language-appropriate practices to help reduce barriers to care and strengthen equitable healthcare for culturally and linguistically diverse populations. The CGHH is comprised of the Saint Alphonsus International Clinic and the Culturally Appropriate Resources and Education (CARE) Maternal Health Clinic. The International Clinic is dedicated to providing longitudinal healthcare for primary care patients, with a special focus on the medical needs of families who have been resettled in our community. The CARE Maternal Health Clinic offers a group model of prenatal care that provides support throughout pregnancy, labor and delivery, postpartum and other gynecological needs. Both clinics provide an integrative model of care to address and reduce barriers to accessing equitable healthcare through a multidisciplinary team approach comprised of physicians, nurse practitioners, midwives, community health advisors, interpreters, social workers, and highly trained support staff. In FY2023, Saint Alphonsus contributed \$1,395,157 in in-kind support of the Center for Global Health and Healing and served 3,458 people, as well as leveraged grant support for the program from other sources to support the program.

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- Community Health Worker Hub: Saint Alphonsus developed a hub using Community Health Workers (CHW) to help ensure that the people we serve, and community members have access to food, housing and healthcare through both Trinity Health and community-based organizations. CHWs supported our CHW hotline where patients and community members would call to receive help connecting patients and community members to needed services in the community. In FY2023, Saint Alphonsus leveraged partnerships to provide resources for the Community Health Worker Hub and connected patients and community members to needed services in the community through 5,992 encounters.
- Community Education & Outreach: Through our various clinical service lines, many educational and health outreach offerings are made available to the community at low or no cost. Examples of educational and health outreach offerings in FY2023 include:
  - Catholic School Nurse Program
  - Faith Community Nurse Program
  - United Way's Health Vision Council
  - Childbirth & Parenting Classes
  - Health Education in Schools
  - Breastfeeding Classes
  - Breastfeeding WarmLine
  - Child Safety Seat Checkups
  - Sharing Stories Infant Literacy Outreach
  - Breast Cancer Awareness
  - Free Stroke and Cardiac Screenings
  - Infant Loss Support
  - Tobacco Cessation Counseling and Classes
  - Nutrition Counseling
  - Mothering Matters Perinatal Support Program
  - Perinatal Counseling and Support Groups
  - Suicide Prevention Trainings- Signs of Suicide
  - Mental Health First Aid Trainings
  - CPR Classes
  - Stop the Bleed® First-aid Trainings
  - Diabetes Self-Management

In FY2023, Saint Alphonsus contributed \$222,798 through multiple health education and outreach programs which served the health needs of the community.