



Saint Alphonius Medical Center

NAMPA

Saint Alphonius Medical Center- Nampa CHNA Implementation Strategy Fiscal Years FY 21-23

Saint Alphonius Medical Center- Nampa completed a comprehensive Community Health Needs Assessment (CHNA) that was adopted by the Board of Directors on 6/15/2020. Saint Alphonius Medical Center- Nampa performed the CHNA in adherence with applicable federal requirements for not-for-profit hospitals set forth in the Affordable Care Act (ACA) and by the Internal Revenue Service (IRS). The assessment took into account a comprehensive review of secondary data analysis of patient outcomes, community health status, and social determinants of health, as well as primary data collection including input from representatives of the community, community members, and various community organizations.

The complete CHNA report is available electronically at <https://www.saintalphonius.org/assets/documents/chna/nampa/chna-nampa-2020.pdf>, or printed copies are available at 1055 N Curtis Road, Boise ID 83706.

Hospital Information

The Saint Alphonius Medical Center (SAMC-N) in Nampa, located at the corner of I-84 and Garrity Boulevard, offers state-of-the-art, best-in-class healthcare to residents of Canyon County. This 100-bed hospital that spans more than 240,000 square feet, features a complete diagnostic center, 6-suite surgical operating theatre, pre/post-operative holding and recovery rooms, 10-bed short stay observation unit, spacious and private patient rooms, and an 18-bed intensive care unit. Built with preventive and ambulatory health in mind, the facility accommodates the latest information technology, updated diagnostic and treatment technology, and an environment proved to reduce patient stress and recovery times. Services offered by SAMC-N include, but are not limited to: brain injury program, beast care, cardiology and vascular, cancer care, diabetes care & education, emergency and trauma, endoscopy, hospitalists, infusion clinic, laboratory, Mako Robotic-Arm® Assisted Joint Replacement, maternity services, neuroscience, nutrition, orthopedics, pain management, palliative care, pharmacy, physical therapy & rehabilitation, pulmonary diagnostics, radiology & medical imaging, research, sleep disorders, spine care, stroke center, surgical services, including Treasure Valley Surgery Center, telestroke, women's & children's services, and wound & hyperbaric.

Mission

We, Saint Alphonus and Trinity Health, serve together in the spirit of the Gospel as a compassionate and transforming healing presence within our communities.

Health Needs of the Community

The CHNA conducted on 6/30/2020 identified the significant health needs within the Saint Alphonus Medical Center- Nampa community. Those needs were then prioritized based on impact, severity, magnitude, urgency, and the overall concern of residents regarding the issue. The significant health needs identified, in order of priority include:

1) Affordable, safe housing- including homelessness	<ul style="list-style-type: none">- Affordable and/or mixed-income housing development and availability- Homelessness prevention and mitigation
2) Wages and job availability	<ul style="list-style-type: none">- Minimum wage (Idaho and Oregon)- Unemployment rates- Availability of jobs over \$20/hour
3) Cost of living	<ul style="list-style-type: none">- Cost of housing, transportation, food, child care, etc. for residents- Poverty and ALICE rates
4) Mental health and well-being and substance use	<ul style="list-style-type: none">- Access and availability of mental health services- Substance use rates, tobacco use rates, vape or electronic cigarette use rates
5) Access to affordable health care, including mental and oral health care	<ul style="list-style-type: none">- Access to health care- Access to oral health care- Availability of linguistically and culturally appropriate services
6) Education, including high-quality early childhood education	<ul style="list-style-type: none">- Access to and availability of affordable, high-quality child early childhood education (i.e. Pre-K)- Access to and availability of high-quality K-12 education and post-secondary education opportunities

Hospital Implementation Strategy

Saint Alphonus Medical Center- Nampa resources and overall alignment with the hospital's mission, goals and strategic priorities were taken into consideration of the significant health needs identified through the most recent CHNA process.

Significant health needs to be addressed

Saint Alphonsus Medical Center- Nampa will focus on developing and/or supporting initiatives and measure their effectiveness, to improve the following health needs:

- **Affordable, safe housing and homelessness** – page 4
- **Cost of living** – page 5
- **Access to health care, including mental and oral health care** – page 7
- **Mental health and well-being and substance use** – page 8

Significant health needs that will not be addressed

Saint Alphonsus Medical Center- Nampa acknowledges the wide range of priority health issues that emerged from the CHNA process, and determined that it could effectively focus on only those health needs which it deemed most pressing, under-addressed, and within its ability to influence. Saint Alphonsus Medical Center- Nampa will not take action on the following health needs:

- **Wages and job availability** – Saint Alphonsus Medical Center-Nampa does not plan to directly address this particular need because this need is addressed by other organizations and entities within the community and is not within the purview of the health system. However, Saint Alphonsus Medical Center-Nampa does partner with the Idaho Department of Labor during Saint Alphonsus Mobile Clinic stops. They help vulnerable individuals understand job requirements, access resources and support individuals in applying for higher wage positions. This partnership will continue and has resulted in a number of new jobs for mobile clinic patients.
- **Education, including high-quality early childhood education** – Saint Alphonsus Medical Center-Nampa does not plan to directly address this particular need because this need is addressed by other organizations and is not directly within the purview of the health system. However, SAHS CHWB staff serve on the board of the Idaho Association for the Education of Young Children and Idaho Voices for children to advocate for high-quality child care and early childhood education. CHWB staff also serve on 2C Kids Succeed coalition, which is engaging in an early childhood ed assessment and strategic planning process in FY20-21. The CHWB Team employs a school nurse at St. Paul's Catholic School and maintains close partnerships with the Nampa and Caldwell school districts.

This implementation strategy specifies community health needs that the hospital has determined to address in whole or in part and that are consistent with its mission. The hospital reserves the right to amend this implementation strategy as circumstances warrant. For example, certain needs may become more pronounced and require enhancements to the described strategic initiatives. During these three years, other organizations in the community may decide to address certain needs, indicating that the hospital then should refocus its limited resources to best serve the community.

CHNA IMPLEMENTATION STRATEGY FISCAL YEARS FY1-23

Hospital facility:	Saint Alphonsus Medical Center-Nampa		
CHNA significant health need:	Affordable, safe housing and homelessness		
CHNA reference page:	30	Prioritization #:	1

Brief description of need:

Housing costs in Nampa, and the Treasure Valley region are at an all-time high, while vacancy rates are at an all-time low, and rates of homelessness increase. Availability of homes and rentals is even lower for those who are income constrained. A prominent theme in focus groups and interviews was the lack of affordable housing. Many said that Treasure Valley residents are being priced out of the market in their own communities. They explained that while many families are moving further and further west within the Treasure Valley, more and more families are “doubling up” as overcrowding and homelessness are on the rise in the area. In the region, more than one in four families is cost burdened by housing costs. According to the 2019 State of Homelessness in Idaho report, there were 9,255 individuals, including children, who sought services for homelessness in 2019. Of those, 38% were disabled, 27% chronically homeless, 27% families with children, 14% victims of domestic violence, and 13% veterans.

Goal: Increase access to safe, affordable housing and decrease the incidence of homelessness within the community.

SMART Objective(s):

Increase the number of affordable (<120%AMI) housing units developed in partnership with Saint Alphonsus in Ada County by 30 by June 30, 2023.

Actions the hospital facility intends to take to address the health need:

Strategies	Timeline			Committed Resources		Potential Partners
	Y1	Y2	Y3	Hospital	Other Sources	
Develop at least 1 Social Influencer of Health project to support and increase affordable housing projects in the Nampa region over the next 3 years	x	x	x	Funding, staff time, organizational support	TH Social Impact Investment Funds, LIHTC	Nampa School District, Idaho Housing Company, Idaho Housing and Finance, Northwest Real Estate Corp, Healthy Impact Nampa Housing Committee, Saint Als Foundation

Provide support to Boise Rescue Mission's Recovery Lodge in Nampa	x	Tentative*	Tentative*	Funding, referrals, consulting partner	Additional philanthropic funders	Boise Rescue Mission
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*contingent upon funding availability and ongoing request of the health system

Anticipated impact of these actions:

CHNA Impact Measures	CHNA Baseline	Target
Number of Social Influencer of Health housing projects scoped with SAMC-Nampa to increase affordable housing in Canyon County	0	1

Plan to evaluate the impact:

The SAHS CHWB Manager will track the number of SIOH housing projects on an ongoing basis. The CHWB Team will evaluate these initiatives at least annually for opportunities for growth.

**CHNA IMPLEMENTATION STRATEGY
FISCAL YEARS FY21-23**

Hospital facility:	Saint Alphonsus Medical Center-Nampa		
CHNA significant health need:	Cost of living		
CHNA reference page:	27	Prioritization #:	3

Brief description of need:

Nampa's household costs have increased across many categories of expenses, making it difficult for families to meet basic needs. Focus group and interview participants believe families with low incomes are often forced to choose between food and other basic needs such as housing, child care, transportation, and healthcare.

Goal: Increase patient access to basic needs service and resources by providing community-based services through the health system and increasing referrals to community-based resources provided by other organizations.

SMART Objective(s):

Increase SAMCN patient outreach and support services by 5% by June 30, 2023.

Actions the hospital facility intends to take to address the health need:

Strategies	Timeline			Committed Resources		Potential Partners
	Y1	Y2	Y3	Hospital	Other Sources	
Connect patients with food access: e.g. operate weekly Grocery Shuttle in Canyon County to transport food desert residents to affordable food retail outlets and provide food, volunteers, and operational support to the Traveling Table	x	x	x	Funding, vehicle, staff time, volunteers, operational support	Grant funds, vehicles, volunteers, food	St Lukes Health System, Albertsons, WinCo, WalMart, Treasure Valley Learning Academy, Nampa School District, Idaho Foodbank
Operate Meals on Wheels across the city of Nampa	x	x	x	Staff time, food, operational support	Nampa CDBG funds, philanthropic funds, volunteers	City of Nampa, Southwest Idaho Area on Aging
Assess patient needs through SAHS Social Care Hub and make referrals through Aunt Bertha	x	x	x	Funding, staff time, operational support	TH	Community partner organizations for referrals

Anticipated impact of these actions:

CHNA Impact Measures	CHNA Baseline	Target
Number of annual riders of the Grocery Shuttle	835	876 per year (5% increase)
Number of individuals served annually by the Traveling Table	4289 Jan-July 2020	4503 per year (5% increase)
Number of meals served by Nampa Meals on Wheels	48227	49,191 per year (2% increase)
SAHS Social Care Hub calls	0	2500 across 3 years throughout SAHS
SAHS Referrals made through Aunt Bertha	0	125 across 3 years throughout SAHS (5% of 2500)

Plan to evaluate the impact:

The CHWB Team will continue to track annual ridership and participation in the Grocery Shuttle, Traveling Table, and Meals on Wheels as we have been doing since each of the programs' inceptions. Under the direction of the SAHS Director of CHWB, CHWs will track the number of patients contracted through the Social Care Hub annually. During the CHNA period, they will develop a tracking

mechanism for the number of assessments and referrals made for SloH needs. The CHWB Team will evaluate these initiatives at least annually for opportunities for growth.

CHNA IMPLEMENTATION STRATEGY FISCAL YEARS FY21-23

Hospital facility:	Saint Alphonsus Medical Center- Nampa		
CHNA significant health need:	Access to affordable health care, including mental and oral health care		
CHNA reference page:	46	Prioritization #:	5

Brief description of need:

Barriers to health care in the Treasure Valley included limited services, lack of awareness of services, cost, and insurance coverage. Among the types of health-related services that survey respondents indicated are lacking in their community, mental health care services, general health care services, and substance use services were the top three selected.

Goal: Improve access to health care, including mental and oral health, by identifying and removing access barriers, and providing equitable services to those who are underserved.

SMART Objective(s):

Increase the number of patients served by the Saint Alphonsus Mobile Clinic by 5% by June 30, 2023.

Increase the number of patients provided transportation to/from healthcare appointments coordinated by Saint Alphonsus by 5% by June 30, 2023.

Actions the hospital facility intends to take to address the health need:

Strategies	Timeline			Committed Resources		Potential Partners
	Y1	Y2	Y3	Hospital	Other Sources	
Operate the Saint Alphonsus Mobile Clinic to provide access to medical, dental, and oral health services to vulnerable populations in Canyon County	x	x	x	Funding, staff time, operational support	Grant and philanthropic funds	More than 30 community orgs that partner in mobile clinics i.e. Dept of Labor, Idaho Foodbank, Terry Reilly, etc.
Provide patient transportation to and from healthcare appointments	x	x	x	Vehicle, staff time, funding,		Local medical, dental, and pharmacy providers

who experience financial barriers to transport: e.g. operate the Saint Alphonsus Nampa Express to transport patients to medical, dental, and pharmacy services in Canyon County				operational support		
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Anticipated impact of these actions:

CHNA Impact Measures	CHNA Baseline	Target
Number of patients served annually by the Mobile Clinic	3543	3720 per year (5% increase)
Number of patients provided transportation for health services annually	362 Rides to Wellness across SAHS 3084 Nampa Express	3618 per year total (5% increase)

Plan to evaluate the impact:

The CHWB Team will continue to collect the number of patients served and ridership for the Nampa Express and Mobile Clinic on at least a monthly basis and will review annually to evaluate for opportunities for continued growth.

**CHNA IMPLEMENTATION STRATEGY
FISCAL YEARS FY21-23**

Hospital facility:	Saint Alphonsus Medical Center-Nampa		
CHNA significant health need:	Mental health and well-being and substance use		
CHNA reference page:	53	Prioritization #:	4

Brief description of need:

Mental health issues start young with one-fifth of Idaho children having experienced Adverse Childhood Experiences (ACEs). In 2017, Idaho had the fifth highest suicide rate in the U.S. Suicide is the second leading cause of death for Idaho residents ages 15-34. The drug overdose mortality rate in Idaho has nearly doubled since 2001, with a substantial increase in opioid-related deaths. In Idaho, 13.9% of adults are current smokers. While adolescent use of cigarette, cigar, and chewing tobacco has declined dramatically in Idaho, more than one in five high school students reported using an e-cigarette or vape in the past 30 days.

Goal: Increase tobacco and vape cessation and increase behavioral health services in Canyon County.

SMART Objective(s):

Increase the offering of QRP training to SAHS staff by 5 trainings by June 30, 2022.
 Increase the engagement in SAHS Tobacco Free Living cessation offerings (classes, coaching, etc.) by 5% by June 30, 2023.

Actions the hospital facility intends to take to address the health need:

Strategies	Timeline			Committed Resources		Potential Partners
	Y1	Y2	Y3	Hospital	Other Sources	
Conduct Question Persuade Refer (QPR) suicide prevention trainings for staff throughout SAHS	x	x	x	Funding, staff time, operational support	QPR training materials	
Participate in and support Idaho Suicide Prevention Action Collective, Suicide Prevention Resource Center Community of Practice, and Veterans Suicide Group	x	x	x	Staff time, organizational support		Idaho Suicide Prevention Action Collective, Suicide Prevention Resource Center Community of Practice, and Veterans Suicide Group memberships
Engage in state advocacy for suicide prevention	x	x	x	Staff time, organizational support		Idaho legislature, Dept of Health and Welfare, state suicide advocacy groups, Idaho Hospital Association
Provide inpatient tobacco cessation counseling via Tobacco Treatment Specialist(s)	x	x	x	Funding, staff time, operational support	Grant funding	Saint Alphonsus Foundation
Continue to offer free tobacco cessation classes for patients and community members through the SAHS Tobacco Free Living Program	x	x	x	Funding, staff time, operational support		Idaho Quit Line, Idaho Quit Net, Tobacco Free Idaho Alliance, Project Filter, Quit with Nancy

Anticipated impact of these actions:

CHNA Impact Measures	CHNA Baseline	Target
Number of QPR trainings provided	0	5 across 3 year throughout SAHS
Engagement in SAHS Tobacco Free Living tobacco/vape cessation or reduction interventions	43 in 2019	138 across 3 years throughout SAHS (5% increase)

Plan to evaluate the impact:

The SAHS Director of CHWB will keep an annual record of QPR trainings offered. SAMCN will continue to track participation in cessation resources (classes, coaching, online modules, etc.) as well as screen and refer rates for tobacco users on an ongoing basis. The CHWB Team will evaluate these initiatives at least annually for opportunities for growth

Adoption of Implementation Strategy

On August 21, 2020, the Board of Directors for Saint Alphonsus Medical Center-Nampa, met to discuss the FY21-23 Implementation Strategy for addressing the community health needs identified in the FY20 Community Health Needs Assessment. Upon review, the Board approved this Implementation Strategy and the related budget.



Nampa Community Board Chair

8 / 24 / 2020

Name & Title

Date