



Saint Alphonse

A Member of Trinity Health

Saint Alphonse Regional Medical Center CHNA Implementation Strategy Fiscal Years FY 21-23

Saint Alphonse Regional Medical Center completed a comprehensive Community Health Needs Assessment (CHNA) that was adopted by the Board of Directors on 6/19/2020. Saint Alphonse Regional Medical Center performed the CHNA in adherence with applicable federal requirements for not-for-profit hospitals set forth in the Affordable Care Act (ACA) and by the Internal Revenue Service (IRS). The assessment took into account a comprehensive review of secondary data analysis of patient outcomes, community health status, and social determinants of health, as well as primary data collection including input from representatives of the community, community members, and various community organizations.

The complete CHNA report is available electronically at <https://www.saintalphonse.org/assets/documents/chna/boise/chna-boise-2020.pdf>, or printed copies are available at 1055 N Curtis Ave, Boise ID 83706.

Hospital Information

Saint Alphonse was the first hospital established in Boise, bringing healthcare to the poor and underserved. Now referred to as Saint Alphonse Regional Medical Center, our licensed medical-surgical/acute care 381-bed facility serves as the center for advanced medicine and is poised to support the community well into the future. Saint Alphonse also has an intricate system of health and wellness services that extend into the communities around our region. Services offered by SARMC include, but are not limited to: brain injury program, beast care, cardiology and vascular, cancer care, diabetes care & education, emergency and trauma, endoscopy, hospitalists, infusion clinic, laboratory, Mako Robotic-Arm® Assisted Joint Replacement, maternity services, neuroscience, nutrition, orthopedics, pain management, palliative care, pharmacy, physical therapy & rehabilitation, pulmonary diagnostics, radiology & medical imaging, research, sleep disorders, spine care, stroke center, surgical services, including Treasure Valley Surgery Center, telestroke, women's & children's services, and wound & hyperbaric.

Mission

We, Saint Alphonse and Trinity Health, serve together in the spirit of the Gospel as a compassionate and transforming healing presence within our communities.

Health Needs of the Community

The CHNA conducted on 6/30/2020 identified the significant health needs within the Saint Alphonse Regional Medical Center community. Those needs were then prioritized based on impact, severity, magnitude, urgency, and the overall concern of residents regarding the issue. The significant health needs identified, in order of priority include:

1) Affordable, safe housing- including homelessness	<ul style="list-style-type: none"> – Affordable and/or mixed-income housing development and availability – Homelessness prevention and mitigation
2) Wages and job availability	<ul style="list-style-type: none"> – Minimum wage (Idaho and Oregon) – Unemployment rates – Availability of jobs over \$20/hour
3) Cost of living	<ul style="list-style-type: none"> – Cost of housing, transportation, food, child care, etc. for residents – Poverty and ALICE rates
4) Mental health and well-being and substance use	<ul style="list-style-type: none"> – Access and availability of mental health services – Substance use rates, tobacco use rates, vape or electronic cigarette use rates
5) Access to affordable health care, including mental and oral health care	<ul style="list-style-type: none"> – Access to health care – Access to oral health care – Availability of linguistically and culturally appropriate services
6) Education, including high-quality early childhood education	<ul style="list-style-type: none"> – Access to and availability of affordable, high-quality child early childhood education (i.e. Pre-K) – Access to and availability of high-quality K-12 education and post-secondary education opportunities

Hospital Implementation Strategy

Saint Alphonse Medical Center resources and overall alignment with the hospital's mission, goals and strategic priorities were taken into consideration of the significant health needs identified through the most recent CHNA process.

Significant health needs to be addressed

Saint Alphonse Regional Medical Center will focus on developing and/or supporting initiatives and measure their effectiveness, to improve the following health needs:

- **Affordable, safe housing and homelessness** – page 4
- **Cost of living** – page 5

- **Mental health and well-being and substance use** – page 6
- **Access to affordable health care, including mental and oral health care** – page 8

Significant health needs that will not be addressed

Saint Alphonsus Regional Medical Center acknowledges the wide range of priority health issues that emerged from the CHNA process and determined that it could effectively focus on only those health needs which it deemed most pressing, under-addressed, and within its ability to influence. Saint Alphonsus Regional Medical Center will not take action on the following health needs:

- **Wages and job availability** – Saint Alphonsus Regional Medical Center does not plan to directly address this particular need because this need is addressed by other organizations and entities within the community and is not within the purview of the health system. Saint Alphonsus Regional Medical Center does support and provide livable wages to those employed by the organization.
- **Education including access to high-quality early childhood education** – Saint Alphonsus Regional Medical Center does not plan to directly address this particular need because this need is addressed by other organizations and is not directly within the purview of the health system. Saint Alphonsus Regional Medical center will be piloting Ready for Kindergarten class offerings at the Family Medical Center in FY20 in partnership with the Idaho Association for the Education of Young Children. Select SAMG clinics are offering the Reach out and Read program to distribute books to pediatric patients. SAHS CHWB staff serve on the board of the Idaho Association for the Education of Young Children and Idaho Voices for children to advocate for high-quality child care and early childhood education. CHWB staff also serve on Ready Idaho, which is engaging in an early childhood ed advocacy and assessment and strategic planning process in FY20-21. And the CHWB Team also employs school nurses deployed to the region's Catholic schools, and maintains close relationships with local school districts.

This implementation strategy specifies community health needs that the hospital has determined to address in whole or in part and that are consistent with its mission. The hospital reserves the right to amend this implementation strategy as circumstances warrant. For example, certain needs may become more pronounced and require enhancements to the described strategic initiatives. During these three years, other organizations in the community may decide to address certain needs, indicating that the hospital then should refocus its limited resources to best serve the community.

CHNA IMPLEMENTATION STRATEGY FISCAL YEARS FY21-23

Hospital facility:	Saint Alphonsus Regional Medical Center		
CHNA significant health need:	Affordable, safe housing and homelessness		
CHNA reference page:	30	Prioritization #:	1

Brief description of need:

Housing costs in Boise, and the Treasure Valley region are at an all-time high, while vacancy rates are at an all-time low, and rates of homelessness increase. Availability of homes and rentals is even lower for those who are income constrained. A prominent theme in focus groups and interviews was the lack of affordable housing. Many said that Treasure Valley residents are being priced out of the market in their own communities. They explained that while many families are moving further and further west within the Treasure Valley, more and more families are “doubling up” as overcrowding and homelessness are on the rise in the area. In the region, more than one in four families is cost burdened by housing costs. According to the 2019 State of Homelessness in Idaho report, there were 9,255 individuals, including children, who sought services for homelessness in 2019.22 Of those, 38% were disabled, 27% chronically homeless, 27% families with children, 14% victims of domestic violence, and 13% veterans.

Goal: Increase access to safe, affordable housing and decrease the incidence of homelessness within the community.

SMART Objective(s):

Increase the number of affordable (<120%AMI) housing units developed in partnership with Saint Alphonsus in Ada County by at least 6 by June 30, 2023.

Increase the number of affordable housing policies advocated for by SAHS by 50% by June 30, 2023.

Actions the hospital facility intends to take to address the health need:

Strategies	Timeline			Committed Resources		Potential Partners
	Y1	Y2	Y3	Hospital	Other Sources	
Develop at least 1 Social Influencer of Health project to support and increase affordable housing projects in the Ada County over the next 3 years	x	x	x	Funding, staff time, organizational support	TH Social Impact Investment Funds, LIHTC	Saint Als Foundation, LEAP Charities, IHFA, indieDwell, Galena Opportunity Fund
Assess patient housing needs through SAHS Social Care Hub and make	x	x	x	Funding, staff time, organizational	TH	Community housing partners- i.e. IHFA, Jesse Tree, CATCH

referrals for assistance through Aunt Bertha				onal support		
Provide support to Boise Continuum of Care, New Path Community Housing, and the Boise Campaign to End Family Homelessness, BRM Recovery Lodge	x	tentative*	tentative*	Funding, referrals, consulting partner	Additional philanthropic funders	Boise City, St Lukes Health System, Terry Reilly, Ada County, Boise/Ada County Housing Authority, Boise/Ada Co Homeless Coalition
Pursue local and state advocacy opportunities to increase safe, affordable and mixed-income housing	x	x	x	Staff time, organizational support		Idaho Asset Building Network, IHFA, Idaho Legislators

**contingent on available funding and ongoing requests for support from the health system*

Anticipated impact of these actions:

CHNA Impact Measures	CHNA Baseline	Target
Number of Social Influencer of Health housing projects scoped with SARMC to increase affordable housing in Ada County	0	1
Number of state or local policies advocated for by SARMC to increase safe, affordable and mixed-income housing	2 (Fair Warning Act, CFAC Rental Assistance Allocation)	4

Plan to evaluate the impact:

[Click or tap here to enter text.](#) The SAHS CHWB Manager will track the number of SIOH housing projects and the number of state/local housing policies on an ongoing basis. The CHWB Team will evaluate these initiatives at least annually for opportunities for growth.

CHNA IMPLEMENTATION STRATEGY FISCAL YEARS FY21-23

Hospital facility:	Saint Alphonse Regional Medical Center		
CHNA significant health need:	Cost of living		
CHNA reference page:	27	Prioritization #:	3

Brief description of need:

Boise's household costs have increased across many categories of expenses, making it difficult for families to meet basic needs. In January 2020, Boise City had the highest increase in housing sales

prices in the country for the third year in a row. Focus group and interview participants believe families with low incomes are often forced to choose between food and other basic needs such as housing, child care, transportation, and healthcare.

Goal: Increase patient access to basic needs service and resources by providing community-based services through the health system and increasing referrals to community-based resources provided by other organizations.

SMART Objective(s):

Increase SARMC patient outreach and support services by 5% by June 30, 2023.

Actions the hospital facility intends to take to address the health need:

Strategies	Timeline			Committed Resources		Potential Partners
	Y1	Y2	Y3	Hospital	Other Sources	
Assess patient needs (i.e. housing, food, transportation, behavioral health needs, etc.) through SAHS Social Care Hub and make referrals through Aunt Bertha. This activity cross-cuts the other strategies in this Implementation Plans	x	x	x	Funding, staff time, operational support	TH	Community partner organizations for referrals

Anticipated impact of these actions:

CHNA Impact Measures	CHNA Baseline	Target
SAHS Social Care Hub calls	0	2500 across 3 years throughout SAHS
SAHS Referrals made through Aunt Bertha	0	125 across 3 years throughout SAHS (5% of 2500)

Plan to evaluate the impact:

Under the direction of the SAHS Director of CHWB, CHWs will track the number of patients contracted through the Social Care Hub annually. During the CHNA period, they will develop a tracking mechanism for the number of assessments and referrals made for SloH needs. The CHWB Team will evaluate these initiatives at least annually for opportunities for growth.

**CHNA IMPLEMENTATION STRATEGY
FISCAL YEARS FY21-23**

Hospital facility: Saint Alphonse Regional Medical Center

CHNA significant health need:	Mental health and well-being and substance use		
CHNA reference page:	53	Prioritization #:	4

Brief description of need:

Mental health issues start young with one-fifth of Idaho children having experienced Adverse Childhood Experiences (ACEs). In 2017, Idaho had the fifth highest suicide rate in the U.S. Suicide is the second leading cause of death for Idaho residents ages 15-34. The drug overdose mortality rate in Idaho has nearly doubled since 2001, with a substantial increase in opioid-related deaths. In Idaho, 13.9% of adults are current smokers. While adolescent use of cigarette, cigar, and chewing tobacco has declined dramatically in Idaho, more than one in five high school students reported using an e-cigarette or vape in the past 30 days.

Goal: Increase tobacco and vape cessation and increase behavioral health services in Ada County.

SMART Objective(s):

Increase the offering of QRP training to SARMC staff by 5 trainings by June 30, 2023.
 Increase the engagement in SAHS Tobacco Free Living cessation offerings (classes, coaching, etc.) by 5% by June 30, 2023.

Actions the hospital facility intends to take to address the health need:

Strategies	Timeline			Committed Resources		Potential Partners
	Y1	Y2	Y3	Hospital	Other Sources	
Conduct Question Persuade Refer (QPR) suicide prevention trainings for staff throughout SAHS	x	x	x	Funding, staff time, operational support	QPR training materials	
Participate in and support Idaho Suicide Prevention Action Collective, Suicide Prevention Resource Center Community of Practice, and Veterans Suicide Group	x	x	x	Staff time, organizational support		Idaho Suicide Prevention Action Collective, Suicide Prevention Resource Center Community of Practice, and Veterans Suicide Group memberships
Support Allumbaugh House and Idaho Suicide Prevention Hotline	x	x	x	Funding, staff time, organizational support	Other philanthropic funds	Terry Reilly, Treasure Valley Cities, Ada County, Jannus
Engage in state advocacy for suicide prevention	x	x	x	Staff time,		Idaho legislature, Dept of Health and

				organizational support		Welfare, state suicide advocacy groups, Idaho Hospital Association
Provide inpatient tobacco cessation counseling via Tobacco Treatment Specialist(s)	x	x	x	Funding, staff time, operational support	Grant funding	Saint Alphonsus Foundation
Continue to offer free tobacco cessation classes for patients and community members through the SAHS Tobacco Free Living Program	x	x	x	Funding, staff time, operational support		Idaho Quit Line, Idaho Quit Net, Tobacco Free Idaho Alliance, Project Filter, Quit with Nancy

Anticipated impact of these actions:

CHNA Impact Measures	CHNA Baseline	Target
Number of QPR trainings provided	0	5 across 3 year throughout SAHS
Engagement in SAHS Tobacco Free Living tobacco/vape cessation or reduction interventions	43 in 2019	138 across 3 years throughout SAHS (5% increase)

Plan to evaluate the impact:

The SAHS Director of CHWB will keep an annual record of QPR trainings offered. SARMC will continue to track participation in cessation resources (classes, coaching, online modules, etc.) as well as screen and refer rates for tobacco users on an ongoing basis. The CHWB Team will evaluate these initiatives at least annually for opportunities for growth.

**CHNA IMPLEMENTATION STRATEGY
FISCAL YEARS FY21-23**

Hospital facility:	Saint Alphonsus Regional Medical Center		
CHNA significant health need:	Access to affordable health care, including mental and oral health care		
CHNA reference page:	46	Prioritization #:	5

Brief description of need:

Barriers to health care in the Treasure Valley included limited services, lack of awareness of services, cost, and insurance coverage. Among the types of health-related services that survey respondents indicated are lacking in their community, mental health care services, general health care services, and substance use services were the top three selected.

Goal: Improve access to health care, including mental and oral health, by identifying and removing access barriers, and providing equitable services to those who are underserved.

SMART Objective(s):

Increase the number of patients provided with transportation to/from healthcare appointments coordinated by Saint Alphonus by 5% by June 30, 2023.

Increase the number of patients utilizing the dental partnership between Saint Alphonus, Terry Reilly, and Genesis by 100% by June 30, 2023.

Actions the hospital facility intends to take to address the health need:

Strategies	Timeline			Committed Resources		Potential Partners
	Y1	Y2	Y3	Hospital	Other Sources	
Provide patient transportation to and from healthcare appointments for those experiencing financial barriers to transport	x	x	x	Funding, referrals		Valley Regional Transit, taxis
Facilitate dental partnership and funding to provide dental services to SARMC patients	x	tentative	tentative	Funding, staff time, operational support, referrals	Delta Dental funding, philanthropic sources	Saint Alphonus Foundation, Genesis Community Health, Terry Reilly, St. Lukes

Anticipated impact of these actions:

CHNA Impact Measures	CHNA Baseline	Target
Number patient transportation (annually) for Saint Alphonus locations	362 across SAHS	1140 over 3 years across SAHS (<i>increase 5%</i>)
Number of patients using Terry Reilly and Genesis dental services as part of dental partnership	0	100 over 3 years

Plan to evaluate the impact:

The SAHS CHWB Team will track annual transportation/rides provided or coordinated by Saint Alphonus to/from healthcare appointments on an annual basis. The SAHS Director of CHWB will review dental partnership utilization rates with Genesis and Terry Reilly on a quarterly basis. The CHWB Team will evaluate these initiatives at least annually for opportunities for growth.

Adoption of Implementation Strategy

On September 30, 2020, the Board of Directors for Saint Alphonsus Regional Medical Center, met to discuss the FY21-23 Implementation Strategy for addressing the community health needs identified in the FY20 Community Health Needs Assessment. Upon review, the Board approved this Implementation Strategy and the related budget.

Rob R. Perez

2020

Rob R. Perez, Board Member

September 30,

Date