



Saint Alphonsus Medical Center Nampa Community Health Needs Assessment Implementation Strategy Fiscal years 2014-2016

Saint Alphonsus Medical Center – Nampa (SAMCN) completed a comprehensive Community Health Needs Assessment (CHNA) that was adopted by the Board of Directors on June 24, 2014. SAMCN performed the CHNA in adherence with certain federal requirements for not-for-profit hospitals set forth in the Affordable Care Act and by the Internal Revenue Service. The assessment took into account input from representatives of the community, community members, and various community organizations.

The assessment was led by United Way of Treasure Valley with Utah Foundation as a research partner and Saint Alphonsus, Gardner Company, Wells Fargo, Saint Luke's Health System, Delta Dental, Regence Blue Shield of Idaho, West Valley Medical Center and Idaho Association for the Education of Young Children as funding partners. Three Counties: Ada, Canyon and Gem were the primary service areas studied, with analysis and comparison of county/health district, state, and national data wherever available.

In addition, United Way organized a community assessment advisory group, convened their board for community assessment discussions, and held focus groups with community partners. The Utah Foundation also held focus groups, personal interviews and performed written surveys with several vulnerable populations.

The complete CHNA report is available electronically at www.saintalphonsus.org/documents/nampa/CNA_2014.pdf, or printed copies are available at Saint Alphonsus Medical Center – Nampa on request.

Hospital Information and Mission Statement

Saint Alphonsus Medical Center – Nampa (SAMCN), based in Nampa, Idaho, is a 152- bed, Catholic faith-based, not-for-profit hospital serving the Southwest region of Idaho. With 709 employees, SAMCN provides services primarily to residents of Canyon County (90%), but also serves Ada, and Gem Counties. SAMCN's primary service area is a mix of urban and rural communities within the Treasure Valley, bordered by rugged mountainous terrain and desert. The population of the hospital's primary service area is estimated at 198,871 people.

Mission

We, CHE Trinity Health, serve together in the spirit of the Gospel as a compassionate and transforming healing presence within our communities.

Health Needs of the Community

The CHNA conducted in April 2014 identified six significant health needs within the Saint Alphonsus Medical Center's community. Those needs were then prioritized based on persons affected, impact on quality of life, and feasibility of reasonable impact. SAMC-Nampa's Mission Task Force along with the External Review Committee studied the findings of the assessment and performed an asset analysis to determine what identified needs were within SAMC-N's capacity to impact and if there was programming already in place addressing the need that could be expanded or enhanced. In addition, they looked at County Health Rankings to determine if Canyon County was at/below/above the Idaho average and National average.

As part of the prioritization process, an inventory of current and on-going work around those needs was compiled. The six health needs identified, include:

Tobacco	<ul style="list-style-type: none">• Tobacco Usage
Obesity	<ul style="list-style-type: none">• Diet – Fruit & Vegetable Consumption• High Cost of Healthy Food• Exercise - Lack of Physical Activity
Prenatal Care	<ul style="list-style-type: none">• Lack of Prenatal Care in First Trimester
Diabetes	<ul style="list-style-type: none">• Prevalence of Diabetes
Access to Health Services	<ul style="list-style-type: none">• Lack of Health Insurance Coverage• Lack of Medical Home• High Cost of Oral Health• Prevalence of Hypertension & High Cholesterol
Mental Health	<ul style="list-style-type: none">• Suicides• "Poor" Mental Health Days

Hospital Implementation Strategy

Saint Alphonsus Medical Center - Nampa resources and overall alignment with the hospital's mission, goals and strategic priorities were taken into consideration of the top health needs identified through the most recent CHNA process.

Significant health needs to be addressed, in order of priority

Saint Alphonsus Medical Center – Nampa will focus on developing and/or supporting initiatives and measure their effectiveness, to improve the following health needs:

- **Obesity**– Detailed need specific Implementation Strategy on page 4
- **Diabetes** – Detailed need specific Implementation Strategy on page 5
- **Health Care Access** – Detailed need specific Implementation Strategy on page 6

Significant health needs that will not be addressed

Saint Alphonsus Medical Center - Nampa acknowledges the wide range of priority health issues that emerged from the CHNA process, and determined that it could effectively focus on only those health needs which it deemed most pressing, under-addressed, and within its ability to influence. SAMCN will not take action on the following health need:

- **Tobacco** - SAMCN believes that this priority is being addressed by the state of Idaho and the Governor's Council. Limited resources and feasibility of reasonable impact excluded this as an area chosen for action.
- **Prenatal Care** - SAMCN currently provides childbirth education and breastfeeding classes for new moms, but limited resources excluded this as an area chosen for action.
- **Mental Health** – SAMCN believes that this priority is being addressed by West Valley Medical Center and Saint Alphonsus Regional Medical Center. There is also activity occurring at the state level. Limited resources and feasibility of reasonable impact excluded this as an area chosen for action.

This implementation strategy specifies community health needs that the Hospital has determined to meet in whole or in part and that are consistent with its mission. The Hospital reserves the right to amend this implementation strategy as circumstances warrant. For example, certain needs may become more pronounced and require enhancements to the described strategic initiatives. During the three years ending June 30, 2016, other organizations in the community may decide to address certain needs, indicating that the Hospital then should refocus its limited resources to best serve the community.

**CHNA IMPLEMENTATION STRATEGY
FISCAL YEARS 2014-2016**

HOSPITAL FACILITY:	Saint Alphonsus Medical Center - Nampa		
CHNA SIGNIFICANT HEALTH NEED:	Obesity		
CHNA REFERENCE PAGE:	29	PRIORITIZATION #:	1
BRIEF DESCRIPTION OF NEED: Lack of health inputs (fruit and vegetable consumption & physical activity) lead to prevalence of obesity in Canyon County.			
GOAL: Create an environment in Canyon County that promotes health literacy and supports healthy food consumption and physical activity.			
OBJECTIVE: Develop healthy habits and get kids moving by enrolling 350 GoNoodle teacher users in Canyon County school districts.			
ACTIONS THE HOSPITAL FACILITY INTENDS TO TAKE TO ADDRESS THE HEALTH NEED:			
<ol style="list-style-type: none"> 1. Host (10) GoNoodle presentations & demonstrations at elementary schools in the Nampa, Caldwell and Vallivue School Districts. 2. Participate in children's health collaborative. 3. Utilize existing marketing vehicles to provide education and outreach on healthy habits at community events (6) and physician seminars (2). 			
ANTICIPATED IMPACT OF THESE ACTIONS:			
<ol style="list-style-type: none"> 1. 50% of elementary teachers (K-5) enrolled and utilizing GoNoodle in the classroom 2. Increased physical activity and availability to fresh produce targeted for low income families 3. Increased health literacy and resources that support healthy habits 			
PLAN TO EVALUATE THE IMPACT:			
<ol style="list-style-type: none"> 1. Review unique user data to establish a baseline and calculate % of new teacher users. 2. Establish a baseline and track the increase in number of physical activity breaks played and the total amount of physical activity per school district annually 3. Count outreach events and the number of participants for education seminars/presentations quarterly 			
PROGRAMS AND RESOURCES THE HOSPITAL PLANS TO COMMIT:			
<ol style="list-style-type: none"> 1. \$16,900 for GoNoodle and \$6,300 for staffing and marketing for events/seminars. 			
COLLABORATIVE PARTNERS:			
Nampa, Caldwell and Vallivue School Districts City of Nampa and Blue Cross of Idaho			

**CHNA IMPLEMENTATION STRATEGY
FISCAL YEARS 2014-2016**

HOSPITAL FACILITY:	Saint Alphonsus Medical Center - Nampa		
CHNA SIGNIFICANT HEALTH NEED:	Diabetes		
CHNA REFERENCE PAGE:	35	PRIORITIZATION #:	2
BRIEF DESCRIPTION OF NEED: Prevalence of diabetes in Canyon County.			
GOAL: Provide otherwise underserved patients diagnosed with diabetes comprehensive chronic disease management services in an outpatient setting, improving their overall health status and reducing their reliance on emergency and inpatient resources.			
OBJECTIVE: Collaborate with SARMC toward the implementation of the CODO project in Nampa and expand the Outpatient Diabetes Management Clinic to accommodate nutrition counseling, medication management and A1c testing on-site.			
ACTIONS THE HOSPITAL FACILITY INTENDS TO TAKE TO ADDRESS THE HEALTH NEED:			
<ol style="list-style-type: none"> 1. Identify and transition low-income and otherwise underserved patients with patterns of high ER utilization for diabetes related conditions to the outpatient clinic. 2. Identify adequate facility space and furnish with necessary equipment including an A1c analyzer. 3. Explore opportunities to collaborate with the Latino Health Coalition around diabetes prevention and management. 			
ANTICIPATED IMPACT OF THESE ACTIONS:			
<ol style="list-style-type: none"> 1. Appropriate and timely disease management resulting in improved health and fewer diabetes related ER visits and hospital admissions/readmissions. 2. Comprehensive services and improved access. 			
PLAN TO EVALUATE THE IMPACT:			
<ol style="list-style-type: none"> 1. Compare Outpatient Clinic patient activity with historic and current ER visitation, and hospital admission/readmission data annually. 4. Review scheduling records, paired with Health Adviser logs, to assess the timeliness of patient care, toward evaluation of improved access biannually 			
PROGRAMS AND RESOURCES THE HOSPITAL PLANS TO COMMIT:			
\$10,905 for space modification plus \$3400 for an A1c analyzer and supplies.			
COLLABORATIVE PARTNERS:			
SARMC			

**CHNA IMPLEMENTATION STRATEGY
FISCAL YEARS 2014-2016**

HOSPITAL FACILITY:	Saint Alphonsus Medical Center - Nampa		
CHNA SIGNIFICANT HEALTH NEED:	Health Care Access		
CHNA REFERENCE PAGE:	33	PRIORITIZATION #:	3
BRIEF DESCRIPTION OF NEED: The high cost of health care and lack of health insurance coverage results in delayed treatment particularly for the poor and underserved populations.			
GOAL: Improve access to health care by removing barriers and providing services for the poor and underserved.			
OBJECTIVE: Improve patient health by building community partnerships to increase access to health care services targeted for the low income, uninsured and undocumented individuals in Canyon County.			
ACTIONS THE HOSPITAL FACILITY INTENDS TO TAKE TO ADDRESS THE HEALTH NEED:			
<ol style="list-style-type: none"> 1. Continue partnership with Terry Reilly Health Services (FQHC) for HIX enrollment 2. Provide free screening mammograms, free diagnostic exams and supportive services for uninsured/underinsured patients. 3. Support local advocacy initiatives and develop internal advocacy efforts around Medicaid expansion 4. Address transportation barriers by transporting patients to necessary medical appointments via a Patient Access Van 5. Explore partnership opportunity with Terry Reilly (FQHC) to provide dialysis services 6. Explore partnership opportunities with Canyon County Community Clinic and their Specialist Referral Program 			
ANTICIPATED IMPACT OF THESE ACTIONS:			
<ol style="list-style-type: none"> 1. Increased number of eligible persons enrolled into insurance plans 2. 300 free screening mammograms, 200 free diagnostic exams and supportive services will be provided for uninsured/underinsured patients needing preventative screenings and/or requiring cancer treatment 3. Increased awareness and advocacy for Idaho to expand Medicaid. 4. Increased number of patients attending follow-up appointments 5. Affordable dialysis services 6. Increased number of participating physicians and space to provide services 			
PLAN TO EVALUATE THE IMPACT:			
<ol style="list-style-type: none"> 1. Review enrollment data to establish baseline and calculate % change in persons enrolled in insurance plans annually 2. Count the number of exams, support services and participants monthly for three years 3. Idaho elects to expand Medicaid 4. Count the number of patients utilizing the van and the number of appointments/rides monthly for three years 5. Count the number of patients receiving dialysis services at Terry Reilly Health Services 6. Count the number of new physicians participating in the Specialist Referral Program along with the number of free services provided. 			
PROGRAMS AND RESOURCES THE HOSPITAL PLANS TO COMMIT:			
<ol style="list-style-type: none"> 1. Dedicate space in the hospital for enrollment events 2. Commit \$241,677 for screenings, diagnostics, patient assistance, support services, staffing, marketing and materials for the Cancer Care Initiative. 3. Commit resources, staffing and materials to advocacy efforts 4. Patient Access Van \$28,000 5. This will be determined after opportunities have been explored and specific actions determined 6. This will be determined after opportunities have been explored and specific actions determined 			
COLLABORATIVE PARTNERS:			
Terry Reilly Health Services, Stampede for the Cure, Susan G. Komen, Catholic Health Initiatives, and Canyon County Community Clinic			

Adoption of Implementation Strategy

On June 20, 2013 the Board of Directors for Saint Alphonsus Medical Center - Nampa, met to discuss the 2014-2016 Implementation Strategy for addressing the community health needs identified in the April 2014 Community Health Needs Assessment. Upon review, the Board approved this Implementation Strategy and the related budget.


Name & Title

6 / 24 / 14
Date