

TOBACCO-FREE LIVING

Who is an ideal candidate for this program?

- Anyone who would like information on quitting or reducing their tobacco use—**even if they aren't ready to quit today**
- Anyone who would benefit from education regarding e-cigarettes (also called vaping or Juuling)
- Anyone needing assistance and resources to quit for surgery or other procedures
- Anyone who has tried to quit/reduce before, even with medications or Nicotine Replacement Therapy—we can help!

Tobacco-Free Living Specialist Services:

- RT specifically trained in evidence based and clinically accredited Certified Tobacco Treatment Specialist methodology including smoking, vaping, chewing, cigars
- One on one patient coaching, counseling and behavior change modification
- Coordination/recommendation of evidence based Medication Assisted Treatment
- Referral to evidence based cessation/reduction classes, resources and assistance
- Comprehensive, holistic patient assessment for medical and social/community barriers
- Follow-up and recommendation directly with providers and care teams
- Patient outreach and communication documented in Electronic Medical Record

How do I refer a patient to Saint Alphonus Tobacco-Free Living services?

INDEPENDENT PROVIDERS:

Send SECURE email: SAHSTobaccoFreeLiving@saintalphonus.org and include the following:

1. Patient Name
2. Patient DOB
3. Patient PCP
4. Patient primary diagnoses
5. Form of tobacco used (if known)
6. Anticipated date of discharge (if known/inpatient)

You may also call the main line at:
(208) 367-7373 or fax information to: (208) 367-7959

AMBULATORY SAINT ALPHONSUS MEDICAL GROUP PROVIDERS:

Please make referral through your EMR.

Visit: SaintAlphonus.org/Specialty/Tobacco-Free-Living