



Saint Alphonus
A Member of Trinity Health

Employee Assistance Program (EAP)

Caring, Compassionate, and Confidential is at the heart of the Saint Alphonus Employee Assistance Program. Our counselors are dedicated to supporting your team members, so they can remain productive and healthy – physically, mentally, and spiritually.

Since 1981, clients have entrusted their mental health and well-being to our counselors. Our licensed counselors practice at the Master’s level and concentrate on whole-person care.

Applying an integrative approach to mental health and well-being, your team members will benefit from our mental health services, which include:

- Treatment for anxiety and depression
- Marital and family relationship counseling
- Substance abuse and addiction treatment
- Critical incident stress debriefing from a traumatic event
- Couples, individual and family counseling
- Loss or bereavement counseling
- In-person or virtual appointments

Employee Assistance Program

Phone: (208) 367-3300

Email: EAP@saintalphonus.org

To learn more, visit www.SaintAlphonus.org/EAP or scan this QR code.



JARED BELSHER, MA, LCPC, NCC

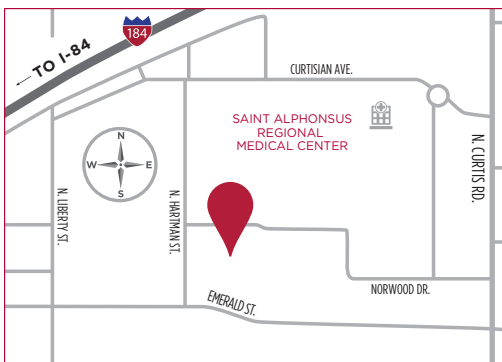


JENNY LEE DOTY, MSW, LCSW



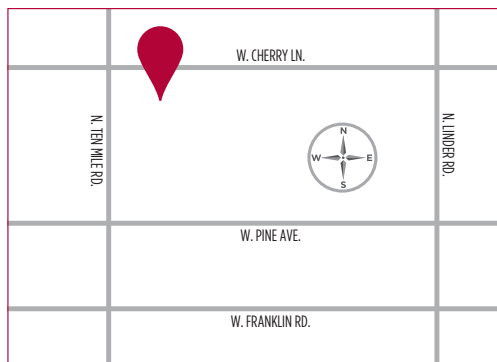
MELISSA YOUNG, MSW, LCSW

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