



Saint Alphonse Medical Center-Ontario Community Health Needs Assessment Implementation Strategy Fiscal years 2014-2016

Saint Alphonse Medical Center-Ontario completed a comprehensive Community Health Needs Assessment (CHNA) that was adopted by the Board of Directors in June of 2014. SAMCO performed the CHNA in adherence with certain federal requirements for not-for-profit hospitals set forth in the Affordable Care Act and by the Internal Revenue Service. The assessment took into account input from representatives of the community, community members, and various community organizations.

The complete CHNA report is available electronically at www.saintalphonse.org/ontario, or printed copies are available at Saint Alphonse Medical Center-Ontario.

Hospital Information and Mission Statement

Saint Alphonse Medical Center-Ontario (SAMCO), based in Ontario, Oregon, is a faith-based, not-for-profit, 49-bed hospital serving the Western Treasure Valley. With 535 employees, SAMCO provides services primarily to residents of Malheur and Payette Counties, but also serves those in neighboring cities and towns. The population of the hospital's primary service area is estimated at 70,000 people.

Mission

We, CHE Trinity Health, serve together in the spirit of the Gospel as a compassionate and transforming healing presence within our communities.

Health Needs of the Community

The Community Health Needs Assessment - 2014 identified five categories of need within Saint Alphonsus Medical Center - Ontario's community. The health needs below were prioritized based on magnitude of persons affected, impact on quality of life, feasibility of reasonable impact, and the consequences of inaction.

Nutrition, Physical Activity & Weight Status Priority #1	<ul style="list-style-type: none">• Prevalence of Obesity & Diabetes• Low Fruit & Vegetable Consumption• Lack of affordable physical fitness opportunities• High levels of Food Assistance
Education Priority #2	<ul style="list-style-type: none">• Access to high-quality pre-school programs• Low High School Graduation Rates• Low College enrollment rates• Access to educational support (Tutors, mentors, programing) and Family/Parental Support• Access to training and development opportunities
Access to Health Services Priority #3	<ul style="list-style-type: none">• Access to basic health services• Lack of Medical, Dental and Vision Insurance Coverage/Utilization• Prescription Costs• Low levels of Prenatal Care• Transportation Barriers• Idaho Insurance Gap
Financial Stability Priority #4	<ul style="list-style-type: none">• Unemployment• Affordable Housing/Housing Assistance• Living Wage• Financial Education/Training• College/Vocational Training• Job Training
Injury & Violence Prevention Priority #5	<ul style="list-style-type: none">• Unintentional Injury Deaths (Poisonings/Accidental Overdoses, Motor Vehicle Crashes, Falls)• Family Violence (Domestic Violence, Child Abuse)• Suicide Prevention

Hospital Implementation Strategy

Saint Alphonse Medical Center-Ontario resources and overall alignment with the hospital's mission, goals, and strategic priorities were taken into consideration of the top health needs identified through the most recent CHNA process.

Significant health needs to be addressed in order of priority

Saint Alphonse Medical Center-Ontario will focus on developing and/or supporting initiatives and measure their effectiveness, to improve the following health needs:

- Nutrition, Physical Activity & Weight Status
- Education
- Access to Health Services

Detailed needs specific implementation strategy on pages 4 – 8.

Significant health needs that will not be addressed:

Saint Alphonse Medical Center-Ontario acknowledges the wide range of priority health issues that emerged from the CHNA process, and determined that it could effectively focus on only those health needs which it deemed most pressing, under-addressed, and within its ability to influence. SAMCO will not take action on the following health needs:

- **Injury & Violence Prevention** – SAMCO believes that this priority area falls more within the purview of the county health department and other community organizations. Limited resources and lower priority excluded this as an area chosen for action.
- **Financial Stability** – SAMCO believes that while we cannot directly impact the financial stability of the community, we can focus efforts on assisting the community with access to affordable health care, assistance with obtaining insurance, development of career advancement programs and school assistance. These actions are addressed under the other goal sections of Education and Access to Health Services.

This implementation strategy specifies community health needs that the hospital or health system has determined to meet in whole or in part and that are consistent with its

mission. The hospital reserves the right to amend this implementation strategy as circumstances warrant. For example, certain needs may become more pronounced and require enhancements to the described strategic initiatives. During the three years ending June 30, 2016, other organizations in the community may decide to address certain needs, indicating that the hospital then should refocus its limited resources to best serve the community.

CHNA IMPLEMENTATION STRATEGY			
FISCAL YEARS 2014-2016			
HOSPITAL FACILITY:	Saint Alphonsus Medical Center - Ontario		
CHNA SIGNIFICANT HEALTH NEED:	Nutrition, Physical Activity & Weight Status		
CHNA REFERENCE PAGE:	23 – 28	PRIORITIZATION #:	1
BRIEF DESCRIPTION OF NEED: Obesity and related co-morbidities including diabetes remain a trend in the overall population. There is a need for economical exercise opportunities and access to low-cost fruits and vegetables as well as an increase in their consumption.			
GOAL: Create an environment in the SAMC – Ontario primary service area that promotes physical activity in child and adult populations and that supports increased health literacy and healthy food consumption.			
OBJECTIVE: Develop healthy habits by enrolling adults and children in nutrition and movement activities.			

ACTIONS THE HOSPITAL FACILITY INTENDS TO TAKE TO ADDRESS THE HEALTH NEED:

Increase participation in New Plymouth's Meet Me Monday by 10% percent per year.

Establish three new Meet Me Monday programs within the primary service area over the next three years.

Increase GoNoodle teacher enrollment by 15% in Malheur and Payette Counties through five outreach presentation.

Support 10 outreach efforts for SAMC – Ontario dieticians (annually) and the Oregon Food bank's "Healthy Pantry" and "Cooking Matters" initiatives that introduce low income and vulnerable populations to new skills and education on nutrition and food consumption.

Support 50 participants from families of Boys and Girls Club members to attend "Healthy Pantry and "Cooking Matters".

Provide education and outreach on healthy habits in 4 community events targeted to low income and underserved areas within the primary service area.

Continue provision of STARS athletic trainers in six schools to support safe exercise activities.

ANTICIPATED IMPACT OF THESE ACTIONS:

5% of teachers enrolled and utilizing GoNoodle in the classroom (Ontario and Payette) with 15% associated increase in Brain Breaks.

Increased physical activity opportunities and increased access to fresh fruits and vegetables targeted toward low income families

Increased consumption of fruits and vegetables.

Increased health literacy and availability of resources that support healthy habits.

PLAN TO EVALUATE THE IMPACT:

1. Create database to track and monitor GoNoodle utilization volumes and trends in the SAMC – Ontario primary service area including number of teachers enrolled and number of activity breaks for students in area school districts.
2. Count outreach events and participant numbers for Meet Me Monday, Healthy Pantry and Cooking Matters programs.
3. Monitor fruit and vegetable consumption statistics (Center for Disease Control, USDA)

PROGRAMS AND RESOURCES THE HOSPITAL PLANS TO COMMIT:

Financial and marketing support for GoNoodle, Health Teacher and Meet Me Monday. Continue Comprehensive Diabetes Outreach Program. STARS athletic trainers to area high schools.

COLLABORATIVE PARTNERS:

School districts in Malheur, Payette and Washington Counties, YMCA, Treasure Valley Boys & Girls Club, Idaho and Oregon food banks and Senior Centers, STARS Physical Therapy

CHNA IMPLEMENTATION STRATEGY**FISCAL YEARS 2014-2016**

HOSPITAL FACILITY:	Saint Alphonsus Medical Center - Ontario		
CHNA SIGNIFICANT HEALTH NEED:	Education		
CHNA REFERENCE PAGE:	19 – 22	PRIORITIZATION #:	2

BRIEF DESCRIPTION OF NEED: There are low high school graduation rates and college enrollment rates among the residents of Malheur, Payette and Washington Counties.

GOAL:

Increased high school and college graduation rates.

OBJECTIVE:

To create more opportunities for high school students to participate in programs aimed at increasing high school and college graduation rates.

ACTIONS THE HOSPITAL FACILITY INTENDS TO TAKE TO ADDRESS THE HEALTH NEED:

Support Boys & Girls Club "GREAT Futures" program.

Establishment of Allied Health Program in three high schools in Malheur County.

Continue Saint Alphonsus – Ontario Shadow Program for healthcare careers.

Sponsorship of six community nursing scholarships annually at Treasure Valley Community College

and six community BSN scholarships at Northwest Nazarene University

ANTICIPATED IMPACT OF THESE ACTIONS:

Increased on-time high school graduation rates and college-going rates in GREAT Futures participants.

Increased enrollment in Allied Health Programs in three Malheur County high schools and explore expansion into Washington and Payette Counties in the future.

Increased opportunities for students to gain real-time health care experience in shadowing programs.

PLAN TO EVALUATE THE IMPACT:

Establish a longitudinal database to track educational attainment of students in GREAT Futures and Allied Health Programs.

Continue to track educational achievement of overall service area for comparison.

PROGRAMS AND RESOURCES THE HOSPITAL PLANS TO COMMIT:

Financial and operational support for Allied Health Program including shadowing and mentoring.

Financial support for Boys and Girls Club "GREAT Futures" Program.

\$50,000 to Treasure Valley Community College for community nursing scholarships

COLLABORATIVE PARTNERS:

Boys & Girls Club, Area School Districts, Treasure Valley Community College, Northwest Nazarene University

CHNA IMPLEMENTATION STRATEGY

FISCAL YEARS 2014-2016

HOSPITAL FACILITY:

Saint Alphonse Medical Center - Ontario

CHNA SIGNIFICANT HEALTH NEED:

Access to Health Services

CHNA REFERENCE PAGE:	23 – 26	PRIORITIZATION #:	3
<p>BRIEF DESCRIPTION OF NEED: Those who are poor and vulnerable and other special populations have limited access to healthcare and often have few resources available beyond chronic Emergency Room care. There is an insurance and Medicaid gap among the poorest in Idaho, creating further barriers to healthcare. The rural nature of the service area exacerbates transportation barriers to receive health care.</p>			
<p>GOAL: Improve access to health care by removing barriers and providing services for poor and vulnerable populations</p>			
<p>OBJECTIVE: Improve patient health by building community partnerships to increase access to health care services targeted for poor and underserved populations</p>			
<p>ACTIONS THE HOSPITAL FACILITY INTENDS TO TAKE TO ADDRESS THE HEALTH NEED:</p> <ul style="list-style-type: none"> Continue efforts to channel patients into Patient Centered Medical Homes Development of a the Saint Alphonsus – Ontario Health Resource Center to channel chronically underserved patients into long term health solutions Continue support of Maternity Care Clinic for poor, uninsured, under-insured women Provide financial support of public transportation routes to address transportation barriers Provide Idaho and Oregon Certified Application Assistants to enroll community members in Medicaid or State Health Insurance Exchanges Implement the Frontier Healthcare Access Project to deliver care to Malheur County residents who face multiple barriers, such as transportation, uninsured/under-insured status, difficulty navigating health care systems and lack access to primary care. 			
<p>ANTICIPATED IMPACT OF THESE ACTIONS:</p> <ul style="list-style-type: none"> Increased coverage of community members and increased access to health care services for underserved populations Improved health status in intervention populations in the Health Resource Center (high-risk patient health intervention center) Improved access to care and rates of coverage for participants in the Frontier Program. 			
<p>PLAN TO EVALUATE THE IMPACT:</p> <ol style="list-style-type: none"> 1. Measure utilization of Health Resource Center including health indicators and health care expenditures. 2. Continue to measure access to health insurance, especially in Idaho Insurance Gap 			

populations.

3. Measure utilization of Frontier Healthcare Access Project including health care interventions, coverage rates and health indicators
4. Measure utilization and volumes in Maternity Care Clinic

PROGRAMS AND RESOURCES THE HOSPITAL PLANS TO COMMIT:

Approximately \$80,000 annually to support the Maternity Care Clinic

\$2.2 M grant to establish the Health Resource Center

\$7,500 grant to implement the Frontier Healthcare Access Project

COLLABORATIVE PARTNERS:

Health care non-profits who serve poor and vulnerable populations, Saint Alphonsus Medical Group, mental health stakeholders including Lifeways, Four Rivers Healthy Community, Malheur Council on Aging (transportation), Maternity Care Clinic.

Adoption of Implementation Strategy

On June 25, 2014, the Board of Saint Alphonsus Medical Center-Ontario met to discuss the 2014 -2016 Strategy for addressing the community health needs identified in the April 2014 Community Health Needs Assessment. Upon review, the Board approved this Implementation Strategy and the related budget.

Name & Title

Date