



## Saint Alphonus Regional Rehabilitation Hospital CHNA Implementation Strategy Fiscal Years FY 21-23

Saint Alphonus Regional Rehabilitation Hospital completed a comprehensive Community Health Needs Assessment (CHNA) that was adopted by the Board of Directors on 6/19/2020. Saint Alphonus Rehabilitation Hospital performed the CHNA in adherence with applicable federal requirements for not-for-profit hospitals set forth in the Affordable Care Act (ACA) and by the Internal Revenue Service (IRS). The assessment took into account a comprehensive review of secondary data analysis of patient outcomes, community health status, and social determinants of health, as well as primary data collection including input from representatives of the community, community members, and various community organizations.

The complete CHNA report is available electronically at <https://www.saintalphonus.org/assets/documents/chna/rehab-hospital/chna-regionalrehabhospital-2020.pdf>, or printed copies are available at 1055 N Curtis Road, Boise ID 83706.

### Hospital Information

The Saint Alphonus Regional Rehabilitation Hospital (SARRH), an affiliate of Encompass Health, is committed to helping patients regain independence after a life-changing illness or injury. SARRH is a 40-bed rehabilitation hospital that opened in July 2019 across the street from the SARMC campus. It serves the Boise area as a leading provider of inpatient rehabilitation for stroke, spinal cord injury, brain injury, and other complex neurological and orthopedic conditions. SARRH uses an interdisciplinary team approach that includes physical, speech and occupational therapists, rehabilitation physicians, rehabilitation nurses, case managers, dietitians and more, combined with our advanced technology and expertise, to help patients achieve their goals. Patients receive at least three hours of therapy five days per week while under the constant care of registered nurses, many of whom specialize in rehabilitation, and frequent physician visits.

## Mission

We, Saint Alphonus and Trinity Health, serve together in the spirit of the Gospel as a compassionate and transforming healing presence within our communities.

## Health Needs of the Community

The CHNA conducted on 6/30/2020 identified the significant health needs within the Saint Alphonus Regional Rehabilitation Hospital community. Those needs were then prioritized based on impact, severity, magnitude, urgency, and the overall concern of residents regarding the issue. The significant health needs identified, in order of priority include:

- 1) **Affordable, safe housing- including homelessness**
  - Affordable and/or mixed-income housing development and availability
  - Homelessness prevention and mitigation
- 2) **Wages and job availability**
  - Minimum wage (Idaho and Oregon)
  - Unemployment rates
  - Availability of jobs over \$20/hour
- 3) **Cost of living**
  - Cost of housing, transportation, food, child care, etc. for residents
  - Poverty and ALICE rates
- 4) **Mental health and well-being and substance use**
  - Access and availability of mental health services
  - Substance use rates, tobacco use rates, vape or electronic cigarette use rates
- 5) **Access to affordable health care, including mental and oral health care**
  - Access to health care
  - Access to oral health care
  - Availability of linguistically and culturally appropriate services
- 6) **Education, including high-quality early childhood education**
  - Access to and availability of affordable, high-quality child early childhood education (i.e. Pre-K)
  - Access to and availability of high-quality K-12 education and post-secondary education opportunities

## Hospital Implementation Strategy

Saint Alphonus Regional Rehabilitation Hospital resources and overall alignment with the hospital's mission, goals and strategic priorities were taken into consideration of the significant health needs identified through the most recent CHNA process.

### **Significant health needs to be addressed**

Saint Alphonse Regional Rehabilitation Hospital will focus on developing and/or supporting initiatives and measure their effectiveness, to improve the following health needs:

- **Access to affordable health care, including mental and oral health care** – page 4.

### **Significant health needs that will not be addressed**

Saint Alphonse Regional Rehabilitation Hospital acknowledges the wide range of priority health issues that emerged from the CHNA process and determined that it could effectively focus on only those health needs which it deemed most pressing, under-addressed, and within its ability to influence. Saint Alphonse Regional Rehabilitation Hospital will not take action on the following health needs:

- **Affordable, safe housing and homelessness** – Saint Alphonse Regional Rehabilitation Hospital does not plan to directly address this particular need because this need is addressed by other organizations and entities within the community, including other hospitals within the Saint Alphonse Health System addressing housing needs in Boise, Nampa, and Ontario.
- **Wages and job availability** – Saint Alphonse Regional Rehabilitation Hospital does not plan to directly address this particular need because this need is addressed by other organizations and entities within the community and is not within the purview of the health system. Saint Alphonse Regional Rehabilitation Hospital does support and provide livable wages to those employed by the organization.
- **Cost of living** – Saint Alphonse Regional Rehabilitation Hospital does not plan to directly address this particular need because this need is addressed by other organizations and entities within the community, including other hospitals within the Saint Alphonse Health System addressing housing, transportation, food availability, etc. in Boise, Nampa, and Ontario through SAHS CHWB work, Social Influencer of Health projects, the SAHS Social Care Hub, and Aunt Bertha.
- **Mental health and well-being and substance use** – Saint Alphonse Regional Rehabilitation Hospital does not plan to directly address this particular need because this need is addressed by other organizations and entities within the community. Saint Alphonse Regional Rehabilitation Hospital does offer psychiatric and neuropsychiatric services to patients as outlined in the implementation strategy below and makes additional referrals to community partner organizations for patients as needed.
- **Education, including access to high-quality early childhood education** – Saint Alphonse Regional Rehabilitation Hospital does not plan to directly address this particular need because this need is addressed by other organizations and entities within the community and is not within the purview of the health system.

This implementation strategy specifies community health needs that the hospital has determined to address in whole or in part and that are consistent with its mission. The hospital reserves the right to amend this implementation strategy as circumstances

warrant. For example, certain needs may become more pronounced and require enhancements to the described strategic initiatives. During these three years, other organizations in the community may decide to address certain needs, indicating that the hospital then should refocus its limited resources to best serve the community.

## CHNA IMPLEMENTATION STRATEGY FISCAL YEARS FY21-23

<b>Hospital facility:</b>	Saint Alphonse Regional Rehabilitation Hospital		
<b>CHNA significant health need:</b>	Access to health care including mental and oral health care		
<b>CHNA reference page:</b>	46	<b>Prioritization #:</b>	5

**Brief description of need:**

Barriers to health care in the Treasure Valley included limited services, lack of awareness of services, cost, and insurance coverage. Among the types of health-related services that survey respondents indicated are lacking in their community, mental health care services, general health care services, and substance use services were the top three selected.

**Goal:** Improve access to health care, including mental and oral health, by identifying and removing access barriers, and providing equitable services to those who are underserved.

**SMART Objective(s):**

Increase SARRH community outreach offerings by 50% by June 30, 2023.

**Actions the hospital facility intends to take to address the health need:**

Strategies	Timeline			Committed Resources		Potential Partners
	Y1	Y2	Y3	Hospital	Other Sources	
Provide community outreach through stroke support group	x	x	x	Funding, staff time, operational support		American Heart Association, American Stroke Association Local Chapters
SARRH case managers will assess SARRH patient social needs (i.e. housing, food, transportation, behavioral health needs, etc.) prior to discharge/transfer from the hospital. SARRH	x	x	x	Funding, staff time, operational support	TH	Community partner organizations for referrals

colleagues may refer patients requiring assistance after transition to the Community Health Workers via the Social Care HUB referral processes. SARRH colleagues may utilize the Community Resource Directory (Aunt Bertha) as needed for patients and families.						
--	--	--	--	--	--	--

**Anticipated impact of these actions:**

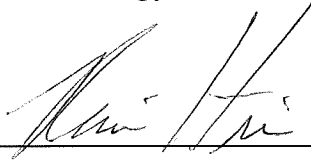
CHNA Impact Measures	CHNA Baseline	Target
Number of community outreach groups offered annually	1 per year	2 per year
Number of SARRH patient referrals made to the Social Care Hub	0	30 across 3 years
SAHS Referrals made through Aunt Bertha	0	125 across 3 years throughout SAHS (5% of 2500)

**Plan to evaluate the impact:**

SARRH will continue to track the number of community outreach groups held on an annual basis. Under the direction of the SAHS Director of CHWB, CHWs will track the number of patients contracted through the Social Care Hub annually. During the CHNA period, they will develop a tracking mechanism for the number of assessments and referrals made for SloH needs.

**Adoption of Implementation Strategy**

On August 3rd, 2020, the Board of Directors for Saint Alphonsus Regional Rehabilitation Hospital, met to discuss the FY20-22 Implementation Strategy for addressing the community health needs identified in the FY20 Community Health Needs Assessment. Upon review, the Board assigned Renee Hinson; SARRH CEO to approve this Implementation Strategy and the related budget.

Renee Hinson; CEO  09 / 24 / 2020  
 Name & Title Date