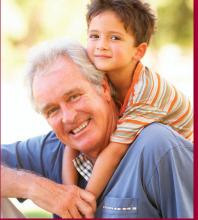
CHILDREN'S LIVES INCLUDE MOMENTS OF BRAVERY







CLIMB is a support program for children and teens ages 6-18 who have a parent, grandparent or guardian with cancer.

- FREE to all families in the Treasure Valley affected by cancer
- Sessions of 6 consecutive weekly meetings held throughout the year
- Kids and teens complete activities with oncology staff and trained volunteers
- Adults have supportive group time led by an oncology professional
- Dinner is provided

What kids learn through CLIMB:

- · What cancer is and how it is treated
- That they are not the only family facing cancer
- How to handle difficult emotions when someone you love is sick and life changes

Family dinners are held at the beginning of each evening. Parents, grandparents and other adult family members are encouraged to attend all sessions with their children or teens. Adults, children and teens will break into separate support groups following dinner. Children will complete a weekly activity and teens will have group time with age appropriate activities and discussions.

Six-week sessions are offered throughout the year.

For more information please call: (208) 367-3131

INTERPRETERS PROVIDED

UPON REQUEST



Cancer Care Center 1055 N. Curtis Rd., Boise, ID 83706

CHILDREN'S LIVES INCLUDE MOMENTS OF BRAVERY

CLIMB Weekly Outline

Kids, teens and adults will break into separate groups following family dinner.

Session 1: Goal: Decrease isolation by meeting other families going through cancer.

Feeling: Happy & Nervous **Activity:** Photo Frame

Session 2: Goal: Increase knowledge about cancer and its treatment.

Feeling: Confused

Activity: MD Anderson Kid to Kid video, question & answer time with oncology doctor or nurse, chemotherapy and radiation area tours

Session 3: Goal: Normalize feelings of sadness.

Feeling: Sad

Activity: Feeling Mask

Session 4: Goal: Assist child/teen to identify strengths and normalize anxiety.

Feeling: Scared
Activity: Strong Box

Session 5: Goal: Assist child/teen to express and manage anger appropriately.

Feeling: Mad

Activity: Anger Cube

Session 6: Goal: CLIMB graduation

Activity: Well Wishes Card

Overall Format for Each Session

Family Dinner

Welcome/Warm-up Activity

Feeling of the Day

Content/Activity

Closure

