

# DO I NEED A CORONARY CALCIUM SCAN?



Ten Mile, Meridian 875 S. Vanguard Way • Ste. 100 • Meridian, ID 83642

**SCHEDULE AN APPOINTMENT**

**208-954-8150**

or [www.aboutIMI.com](http://www.aboutIMI.com)



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# CARDIAC CT CALCIUM SCORE

A cardiac CT calcium score, also known as coronary calcium scan, is a quick, convenient and noninvasive way of evaluating the amount of calcified (hard) plaque in heart vessels. The level of calcium equates to the extent of plaque build-up in arteries.

The American College of Cardiology found that Coronary artery calcification (CAC) is an excellent cardiovascular disease risk marker and can help guide the decision to use cholesterol reducing medications such as statins. A negative calcium score may reduce the need for statins in otherwise eligible patients.

*We are also able to scan patients with pacemakers/defibrillators.*



## WHO SHOULD GET A CARDIAC CT CALCIUM SCORE?

- ▶ Middle age adults at intermediate risk of heart disease
- ▶ Family history of heart disease
- ▶ Borderline high cholesterol, high blood pressure or diabetes
- ▶ Overweight or physical inactivity
- ▶ Uncertain about taking daily preventative medical therapy

**The exam takes less than 10 minutes, is painless and does not require any IV or oral contrast. The exam is typically not covered by insurance.**

## COST

**IMI fee: \$200**



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